

THE EXPERIMENTAL STUDY OF THE SUBCONSCIOUS MIND TRAINING ON ADMINISTRATIVE BEHAVIORS

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ABSTRACT

This dissertation is the study of how subconscious mind training affects administrative behaviors of Assistant Directors of vocational colleges of the Department of Vocational Education (DOVE) in the aspects of leadership, human relations, communication, creativity, and positive thinking. The study used quasi-experimental research design in which a sample of 88 Assistant Directors from 22 vocational colleges were drawn from a population of 176 Assistant Directors from 44 vocational colleges. The sample group was divided into experimental and control groups with all 44 Assistant Directors from 11 vocational colleges in each group.

The purpose of this research is to ascertain the effects of subconscious mind training on the experimental group's quality of administrative behaviors as compared to the control group. Data were analyzed by frequency, percentage, mean (\overline{X}) , standard deviation (S.D.), and multiple regression utilizing dummy variables. Observations and benefits-evaluation made by the participants were also added to the discussions made.

Major findings are as follows:

- 1. Subconscious mind training positively contributed to behavioral changes in all aspects understudy, as assessed immediately after training and three months thereafter with the likeliness to keep improving.
- 2. Improvement of variables assessed indicated statistical significance at .01 level of probability in the experimental group. The comparisons were made between the two groups in three intervals: before the training, immediately after the training, and three months after the training.